

**PRISON BOARD: REPORT FOR 1998**

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**Presented to the States on 25th May 1999  
by the Prison Board**

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**STATES OF JERSEY**

**STATES GREFFE**

140

1999

R.C.20

Price code: D

## **REPORT**

### **General**

The total number of persons received into Prison declined from 513 in 1997 to 464 in 1998, however the daily occupancy rate only declined by 1.76 per cent, with the number of prisoner days falling from 41,974 to 41,728. This reflects the number of long-term inmates now being held at La Moye. In addition to the inmates held in Jersey, a further 10,988 prisoner days were served by Jersey sentenced prisoners who had been transferred to prison establishments in the United Kingdom to complete their sentences. The Prison Board noted that the average daily population in Jersey during 1998 was 114.3 individuals, and when combined with the Jersey sentenced population in the United Kingdom of 30.1, this produced a total daily average population of 144.4 individuals.

### **Building projects**

During the year the Prison inmate reception area was upgraded, thereby increasing the security features of that facility. The convicted/remand inmate internal recreation area had also been refurbished and an area for increased educational opportunities created. The replacement of the inner perimeter fence had also been completed on schedule and within budget.

### **Overcrowding**

The Vulnerable Persons Unit continued to remain a cause for concern, with single cells being used for two inmates, the good order and discipline cells for recalcitrant prisoners being fully occupied, and further prisoners being held in a converted classroom/recreation room. Active steps to locate space in United Kingdom prisons continued, however this proved difficult due to the high prisoner population in that jurisdiction.

The number of young offenders held at La Moye increased during the latter part of the year. If this trend continues into 1999 this area of the Prison is likely to experience difficulties.

### **Official visits**

Mr. David Omand, Permanent Under-Secretary of State at the Home Office, had an official tour of the Establishment during the year. The Prison Board was pleased to note that Mr. Omand had made complimentary remarks about the Island's Prison, indicating that **“your Prison is really very impressive and demonstrates well many of the features we are now trying to introduce into our prison system”**.

At the invitation of the Prison Board, Senator P.F. Horsfall, President of the Policy and Resources Committee, toured the Establishment to acquaint himself of the current and future problems facing the Prison.

The Lieutenant Governor, His Excellency General Sir Michael Wilkes, K.C.B., C.B.E had an official tour of the Establishment during December.

### **Former members of the Board**

It was with much sadness and regret that the Board noted the deaths of Senator V.A. Tomes and former Constable E.J. Le Brocq, who had both been former valued members of the Prison Board.

### **Staff**

The Board would also like to place on record its appreciation of the excellent service afforded by the Prison Governor and all the staff at H.M. Prison, La Moye.

The staff continue to work under extreme pressure, caused by the large number of long-term prisoners now held at La Moye and the overcrowding in many areas of the Prison.

**Prison (Board of Visitors) Regulations 1957:  
Regulation 19**

ANNUAL REPORT TO THE STATES OF THE PRISON BOARD OF VISITORS FOR THE YEAR 1998

**General**

The Prison Board of Visitors held 11 monthly meetings at the prison in 1998 and two special meetings for disciplinary hearings. Only 26 complaints and requests were made to the Board and a further 35 to the Jurats visiting between routine meetings. This is a drop of almost 40 per cent on the previous year's numbers; the reason for this is not clear.

In early September Mr. David Omand, Permanent Under-Secretary of State at the Home Office, visited the Prison and commented very favourably on the way the institution is run -

**“Your prison is really very impressive and demonstrates well many of the features we are now trying to introduce into our prison system”.**

Despite this apparently satisfactory situation, accommodation is now a matter of even greater concern to the Board, owing to the following factors -

1. La Moye is forced to accept and house every type of offender, due to its isolation from other prisons, be they murderers or illegal immigrants.
2. The Prison is also obliged to accept mentally unstable inmates who should be accommodated in a secure mental hospital.
3. It is virtually impossible to transfer inmates to United Kingdom prisons, unless there are exceptional circumstances.
4. The number of prisoners requiring segregation continues to rise; in 1997 the number was 18, in 1998 it rose to a high of 27, and many of these inmates should not be incarcerated together, e.g. sex offenders should be kept apart from violent ones.
5. Convicted and remand prisoners are mixed together as it is a physical impossibility to locate them in separate areas.

The maximum capacity of the Prison is 149, made up as follows -

|  |    |
|--|----|
| Male adults, convicted and remands       | 83 |
| Dormitory overflow (max. poss.)          | 8  |
| Young Offenders Institution (Y.O.I.)     | 26 |
| Vulnerable Persons Unit (V.P.U.)         | 18 |
| Females (all ages) convicted and remands | 14 |

The average daily occupancy in 1998 was 114. Of this population, it should be noted that -

- (a) only an average of five, at any one time, were female. Thus nine apparently empty beds were of no use in alleviating over-crowding anywhere else;
- (b) the Young Offenders Institution was nearly at maximum capacity throughout the year, and has exceeded its limits already in 1999;
- (c) some of the segregated inmates are having to be held in the dormitory accommodation, so a further number of beds must be subtracted from the available total.

If the projected number of public order problems anticipated by the police arise during the Millennium celebrations, it is almost certain that the Prison will be unable to cope with such an influx.

This high degree of occupancy, combined with the fact that 66 per cent of adult male prisoners are serving sentences of over 18 months, puts a heavy burden on all the officers and supporting staff at La Moye. Five officers have left the complement of staff during 1998, two due to retirement, two to work in prisons elsewhere, and one resignation. The vacancies were filled

towards the end of the year. The Board feels that despite the present States policy re manpower levels in all its departments, an increase in both prison officers and administration staff is fully justified, in the latter case essential.

## **Buildings**

In last year's report the Board emphasised the urgent need for extension to the present capacity of the Prison. It was a severe disappointment to learn that this requirement did not achieve the priority it deserved. Indeed further building is not projected to take place until 2003 at the earliest, which will be five years after it became an essential. Already, in the first quarter of 1999 the Young Offenders Institution has had 31 inmates, five more than its full complement. At the same time it is impossible to segregate any more prisoners, unless an inmate already in segregation is released or returned to normal location.

This situation is highly inflammable. Not only is it difficult for the overcrowded inmates (even prisoners are entitled to some degree of privacy) but maintaining good order and discipline, which is the main responsibility of the Board of Visitors, has become a very heavy burden for the staff.

## **Discipline**

There were 143 breaches of prison rules during the year, including 43 in the Young Offenders Institution. The total is similar to previous years, but the Young Offenders number was double that of 1997. In the light of this growing disregard of authority among the under 21s, a new regime was instituted in the Young Offenders Institution in October 1998, by means of

- (1) Young Offenders Institution Induction Unit - Every new inmate is placed in a separate section of the Young Offenders Institution, where spartan conditions and a very strict regime prevail, for a minimum of two weeks. Non-compliance with any Rule results in a longer stay in the unit, until such time as their continual good behaviour warrants a move to normal location. Any lapse thereafter will mean an immediate return to the Induction Unit for a further period.
- (2) Young Offenders Institution Incentive Scheme - There are three levels of privilege available to inmates - Gold, Silver and Bronze. New arrivals in normal location start at Bronze level and must earn their way to more and better privileges, by full compliance with rules. These privileges are such things as having a radio in the cell, association, unsupervised labour, work under licence, use of gym, outdoor sport, extra social telephone calls, extra visits, or eventually the possibility of home leave.

It remains to be seen how effective this system will be in the long run, but so far it appears to be having a salutary effect.

The Board continues to monitor all remands of more than eight weeks, and is pleased to report that there has been a further drop in the number of lengthy remand times. By the end of 1998 the figure was lower than for many years. The aim is to reduce it still further, but the complexity of, for example, fraud cases, leads inevitably to delays in final court hearings.

55 per cent of inmates, on average through the year, were serving sentences for drug offences, though this figure dropped to 37 per cent in December. This was mainly due to the simultaneous release of a group of drug offenders and, unfortunately, cannot be taken as an improvement in the overall drug scene.

There are some 30 Jersey sentenced prisoners serving their time in United Kingdom prisons, 16 of whom are serving long-term sentences costing an average of £100 each per day, consuming 14 per cent of the total prison budget. The home visits to which many are entitled put an extra burden on staff, as they must obviously be escorted.

## **Welfare**

By April 1998, the Prison medical facilities were improved by provision of a new Health Care Centre, adapted from the old sickbay and adjacent area. It consists of a consulting and treatment room, a dental surgery, a dispensary and waiting room. Money was not available for further building, as originally planned, but the Board is thankful that the dedicated health professionals are able to work in a greatly improved environment.

The Day Release Scheme, allowing inmates out for work and training opportunities, has again shown increased numbers using the privilege. A total of 1,260 releases took place, 1,096 for work experience. Two inmates breached the privilege by failing to return on time; indeed, one had to be found and arrested. Both were automatically removed from the Scheme. The balance of 164 releases were mainly for social contacts with families as 68 per cent of all inmates are classed as Jersey residents.

Six young offenders under the age of 16 were admitted into the Young Offenders Institution during the year. These young males must be allowed to continue their education, which means teachers have to be supplied. Inevitably this causes disruption to routine and considerable expense. The Board appreciates that the problem cannot be solved immediately, but is concerned that so many youngsters are having to be in a totally unsuitable environment.

Female inmate population fell to five by December and will shortly be down to three. The female block is therefore rarely even half-full, and could be put to much better use, if it were to be converted to male quarters and an alternative site found for the small female group.

The Chaplaincy Team have fulfilled an important role throughout the year, by providing pastoral care from reception into prison through to post release care. The Team comprises -

Captain John Le Page, M.B.E. (Official Chaplain); Father Brian Cousins (R.C. Chaplain); Reverent Derek Poole (Methodist Chaplain); Mrs. Deborah Godefroy (Methodist Minister in training); Mr. David Evans (St. Paul's Church Centre); Mrs. Chris Hansford (St. Brelade Parish Church).

The Board wishes to thank all the team for their spiritual support and practical help regarding the well-being of the inmates, and their families, in far from ideal circumstances.

## **Appreciation**

In February the sudden loss of Jurat Colin Jones, at a relatively young age, came as a terrible shock to all of us. Although he had only been a member of the Board for less than two years, his keen appreciation of the social problems involved and his empathy with the prison inmates, was very obvious. His family's loss was ours also.

The absence through ill-health, from September 1998 onwards, of the Head of Custody, Mr. Charles Cox was deeply regretted. Unfortunately this has led to his having to take early retirement, and the Board takes this opportunity to thank him for his many years of dedicated service to the prison.

1998 was a year when there was always the spectre of some section of the Prison being unable to meet the demands put upon it. A very small increase in numbers now will inevitably mean the shadow becomes reality, in either the segregation areas or the Young Offenders Institution.

All the factors outlined in this report have placed an enormous burden on the Governor and senior staff, with which they have somehow coped. The Board of Visitors wish to express their profound admiration for the ingenuity, adaptability and perseverance, which has kept the Prison going, and thank all the staff for the many hours of hard work put in, well beyond the call of duty.

ANNUAL REPORT OF THE PRISON GOVERNOR

H.M. PRISON  
Jersey C.I.

The President and Members  
of the Prison Board.

I have the honour to present my report for the year 1998

**1. Population**

The daily average population was 114.32 and the comparison with other years is as follows -

|             |             |             |             |             |             |
|-------------|-------------|-------------|-------------|-------------|-------------|
| Average for | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> |
|             | 96.91       | 98.38       | 107.20      | 115.00      | 114.32      |

The comparative figures for the greatest and least number of persons in Prison on any one day show the following -

|                 |             |             |             |             |             |
|-----------------|-------------|-------------|-------------|-------------|-------------|
|                 | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> |
| Greatest number | 122         | 120         | 125         | 145         | 131         |
| Least number    | 81          | 74          | 88          | 96          | 105         |

**2. Receptions**

The total number of persons received into Prison during 1998 was lower than in 1997. The figures are as follows -

|         |             |             |             |             |             |
|---------|-------------|-------------|-------------|-------------|-------------|
|         | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> |
| Males   | 499         | 397         | 425         | 481         | 430         |
| Females | <u>35</u>   | <u>23</u>   | <u>19</u>   | <u>32</u>   | <u>34</u>   |
| Total   | 534         | 420         | 444         | 513         | 464         |

The figures below show how the persons received into Prison during the year were dealt with by the Courts, and a comparison with 1997 is given -



|   | <u>1997</u> | <u>1998</u> |
|---|-------------|-------------|
| Sentenced to imprisonment or youth detention            | 218         | 217         |
| Dealt with by methods other than imprisonment           | 246         | 205         |
| Remaining in custody unsentenced at the end of the year | <u>39</u>   | <u>33</u>   |
|   | 503         | 455         |
| Transferred from the United Kingdom                     | 8           | 9           |
| Debtors   | <u>2</u>    | -           |
|   | 513         | 464         |

### 3. Length of sentence

The sentences imposed in 1998 compared with those in 1997 were as follows -

|                                 | <u>1997</u> | <u>1998</u> |
|---------------------------------|-------------|-------------|
| 1 month and under               | 101         | 102         |
| Over 1 month and under 6 months | 65          | 73          |
| 6 months to 12 months           | 22          | 18          |
| Over 12 months to 2 years       | 22          | 23          |
| Over 2 years to under 5 years   | 17          | 16          |
| 5 years to under 6 years        | 2           | 6           |
| 6 years and over                | 6           | 9           |
| Life                            | -           | -           |
|                                 | <hr/> #235  | <hr/> *247  |

# Includes 17 of the 32 persons admitted to Prison in 1996 but sentenced in 1997.

\* Includes 30 of the 39 persons admitted to Prison in 1997 but sentenced in 1998.

#### **4. Young Offenders**

The number of persons under the age of 21 received into Youth Detention in 1998 were five females and 86 males, compared with nine and 59 in 1997.

Of the 91 admitted, six were 15, 14 were 16, 15 were 17, 13 were 18, 16 were 19 and 27 were 20 years of age.

#### **5. Previous convictions**

Of the 464 persons admitted during the year, 334 were known to have had previous convictions and 244 had served terms of imprisonment or some other form of custodial or suspended sentences or community service.

#### **6. Countries of origin**

Of the total admissions, 170 were Jersey born, compared with 151 in 1997. In addition, 149 had resided in the Island long enough to be considered permanent residents.

Of the remainder, 109 claimed to be citizens of the United Kingdom, 14 were from Eire, 11 from Madeira and a further 11 from Algeria, Bangladesh, Germany, Guernsey, Italy, Malaysia, and Portugal.

#### **7. Temporary releases**

A total of 1,260 temporary releases were granted during the year, with 1,096 being for work experience. There were eight breaches of discipline.

#### **8. Discipline**

143 reports were submitted against 72 prisoners for contravening Prison Rules during the year. Of these, four were referred to the police, four were referred to the Board of Visitors, and the remainder were cautioned or dismissed, forfeited remission or received suspended awards, loss of privileges or pay. Some offenders were dealt with for more than one offence, the highest being one prisoner with 14 reports and another with 12.

#### **9. Cost of prisoners' food**

The total cost of provisions for 1998 was £91,871, which works out at £2.20 per prisoner per day.

#### **10. Employment of prisoners**

Most prisoners were employed in the Prison Industries, which produced an income of £118,171.

#### **11. Staff**

On 31st December 1998, the establishment of the Prison Staff was as follows -

|   | <u>1998</u> |
|---|-------------|
| Governor                                | 1           |
| Head of Custody                         | 1           |
| Senior Unit Manager                     | 2           |
| Unit Manager                            | 4           |
| Catering Officer                        | 2           |
| Prison Officer (male)                   | 45          |
| Prison Officer (female)                 | 8           |
| Hospital Officer                        | 3           |
| Engineer Officer                        | 3           |
| Industrial Officer                      | 1           |
| Psychiatric Nurse                       | 1           |
| Executive Officer                       | 1           |
| Clerical Officer                        | 1           |
| Secretary/ Clerical Officer (part-time) | 1           |
| Clerk (part-time)                       | 1           |
| Civilian Horticultural Officer          | 1           |

|                                    |   |
|------------------------------------|---|
| Civilian Driver/Compound Assistant | 1 |
| Cleaner                            | 1 |

**E.K. WHEELER**

*Prison Governor.*

## **ANNUAL STAFF DEPLOYMENT 1998**

The Detail Department has at times had some extreme demands made of it during 1998, mainly due to the continued high average daily Prison population (114.32 inmates per day average).

The Department has strived to meet all the demands made of it, taking into account such variables as inmate escorts and watches, staff sickness, works coverage and continued changes to Prison regimes, while at the same time being mindful of the Prison annual budget and the needs of our most valuable asset "the staff".

The continued high daily average Prison population has resulted in a large number of inmate movements out of the Prison. These have been collated into the heading listed in Appendix 1 attached, and recorded in hours.

Wherever possible, casual leave requests were granted. Changes of allocated leave periods and extensions of leave periods were facilitated wherever possible. Of a total of 2,109 leave days due (an increase of 37 days over 1997), 271.5 have been carried forward into 1999 (a reduction of 45.5 days over 1997).

Time off in lieu (TOIL) has also been a continued option. A total of 1,187.75 hours have been carried forward into 1999, an increase of 177.75 hours over the 1997 figure (892 hours for Unit Managers and 295.75 hours for Basic Grade Officers). Of the Unit Manager's total, the Engineer is owed 429 hours.

Absenteeism through sickness has seen a significant rise compared with 1997 (923 days in 1997, 1,032 days in 1998) a total rise of 109 days. 20 staff recorded nil sickness during 1998.

Once again the continued professionalism, goodwill, dedication and flexibility of the Staff has contributed greatly in enabling the Detail Department to utilise its resources effectively and efficiently during 1998.

**N. WATKINS**

*Unit Manager - Staff Detail.*

**BREAKDOWN OF HOURS SPENT ON ESCORT DUTY FOR 1998**

| <b>Escort type</b>         | <b>Standard hours</b> | <b>Standard hours x 1.5</b> | <b>Standard hours x 2</b> | <b>TOIL hours</b> | <b>Total hours</b> |
|----------------------------|-----------------------|-----------------------------|---------------------------|-------------------|--------------------|
| Escorts (UK and Local)     | 129.75                | 44.00                       | 0.00                      | 10.00             | 173.75             |
| Clinics (General Hospital) | 456.75                | 106.00                      | 19.25                     | 2.75              | 582.00             |
| Bed Watch                  | 650.00                | 670.25                      | 271.25                    | 0.00              | 1,591.50           |
| Court Duty                 | 529.25                | 316.25                      | 0.00                      | 7.00              | 845.50             |
| Dentist                    | 44.75                 | 0.00                        | 0.00                      | 0.00              | 44.75              |
| Home Leave                 | 185.00                | 7.00                        | 0.00                      | 9.75              | 192.00             |
| Security                   | 142.50                | 26.75                       | 7.00                      | 14.00             | 176.25             |
| <b>TOTAL</b>               | <b>2,138.00</b>       | <b>1,170.25</b>             | <b>2,97.50</b>            | <b>43.50</b>      | <b>3,605.75</b>    |





These hours illustrate the actual time spent on escort and do not take into account overtime or standard time allocated to facilitate the performance of the duty.

## STAFF TRAINING REPORT 1998

### JANUARY

A new training initiative was introduced to provide on-the-job training for staff who have identified themselves as potential future managers. The initial program involved five officers who became identified as 'Assistant Unit Managers'. The officers involved were Bradbury, Clark, Gouyet, Gueno and Mitchell. Each of the officers were tasked with projects which were designed to expose the officers to the types of decision-making processes which working managers routinely face.

Officers Bradbury and Clark were jointly tasked with reviewing the inmate recreation room, both in terms of facilities and activities. The task involved consultation with a varied group of stakeholders to achieve a satisfactory end product. Among those consulted were the inmates who would be affected, the staff who would be required to supervise it, the various visiting authorities who would be affected, i.e. the chaplaincy and education, the engineering department regarding feasibility of structural change, and finally with the administration for the finance. I am pleased to report a most satisfactory conclusion to the project with significant improvement to the inmate facilities.

Officer Gouyet was tasked with designing a discharge of inmates routine which would speed up the process and at the same time enhance its efficiency and improve the security. He achieved this objective by identifying a facility which would accommodate only those inmates on their final days prior to discharge. The inmates would hand in their personal effects by degrees on the days approaching their E.D.R. until they were left only that which they required for the night before discharge. The result is that inmates are now collected on the morning of their release from prison with minimal effects and are simply passed through the reception area to be signed out and escorted from the premises with no delay and no contact with other inmates.

Officer Mitchell was tasked with the introduction of an incentive scheme for the inmates of the Young Offender Institution. This objective was achieved satisfactorily using models from other similar establishments and local knowledge and experience. The incentive scheme is a four-tiered system running from Induction grade through bronze, silver and gold. The system is a points-based behaviour modification regime with points being awarded for good behaviour and deducted for bad. The rewards offered through the levels involve in-cell possessions, time out of cell and access to facilities etc. There is also a facility for an enhanced Gold level which recognises consistent good conduct and may involve working outside of the prison.

Officer Gueno was tasked with setting up an employment exchange for inmates who were approaching release from prison. The bureau was to be located in an area which would be accessible to all inmates and would operate in contact with the employment exchange at Social Security. Officer Gueno began the exercise but discovered that he felt that his role in the prison lay in another direction, and exercised his right to withdraw from the Assistant Unit Manager training initiative.

### FEBRUARY

Assistant Unit Manager Gouyet and Mitchell underwent a five-day refresher training course as instructors in Control and Restraint. The course was delivered by United Kingdom trainers based in Guernsey.

Assistant Unit Manager Clark, Officers Mullin, Townsend, Truscott and Zachariou were trained as Hostage Negotiators. This training was undertaken locally but delivered by specialist tutors from the United Kingdom Training Unit West.

Officers Truscott, Wilson-Brown and Zachariou began an introductory course in conversational Portuguese. This course develops through modular sessions over a two-year period. The course is delivered at Highlands College as an evening class.

### MARCH

Unit Manager Rayson received training in Health and Safety involving Managing Safety parts 1 and 2 and writing a Safety Policy.

Mr. Fritot attended Chubb UK for a six-day residential course on the Atlas locking system.

All Unit Managers attended a one-day workshop on Performance Review and Appraisal held at the Prison which was delivered by United Kingdom specialists Human Assets Limited.

### APRIL

Senior Unit Manager Kennedy attended a two-day training course on Recruitment and Selection for the States of Jersey.



## MAY

The Assistant Unit Manager training program was increased to six participants when Officer Davies was admitted and tasked with the provision of an employment bureau for inmates as previously described, and Health Care Officer Russell was admitted and tasked with the development of the Health Care Provision.

## JUNE

Senior Unit Manager Kennedy was placed on secondment to Guernsey Prison to deliver an initial training course to an intake of eight new Prison Officers.

Senior Unit Manager Kennedy achieved certification from States Personnel to practice recruitment and Selection up to Civil Service Grade II.

## AUGUST

Senior Unit Manager Bertram and Unit Manager Watkins received training as an introduction to the Preston System of 4 X 4 security database as a two-day residential event provided by the United Kingdom Prison Service.

## SEPTEMBER

Senior Unit Manager Kennedy began induction training for four newly recruited officers and one new recruit for the Guernsey Prison Service. The course was held in the Prison at La Moye.

## OCTOBER

Continuation of initial training course for recruits.

Unit Manager Rayson undertook a five-day training course in manual handling to become an assessor and trainer.

## DECEMBER

Officer Langford delivered training in the S.T.A.B. breathing apparatus to twenty-eight members of staff. The apparatus is designed to facilitate short duration air supply to facilitate rescue and escape from hazardous environment.

During the course of this year seven officers have completed National Vocational Qualification at Level 4 in management using work based studies.

**J. KENNEDY**

*Head of Training and Development.*

## PRISON MEDICAL OFFICER'S REPORT 1998

### The President and Members of the Board

Details of examinations and consultations on reception into Prison or by request in 1998 were as follows -

#### Reception medical examinations

|        |     |
|--------|-----|
| Male   | 244 |
| Female | 32  |
| Y.O.I. | 82  |
| V.P.U. | 24  |

#### Routine reporting sick consultations

|        |     |
|--------|-----|
| Male   | 940 |
| Female | 89  |
| Y.O.I. | 228 |
| V.P.U. | 229 |

Total consultations by Prison M.O. 1,868

#### Dental treatments

|                                  |     |            |
|----------------------------------|-----|------------|
| Dental Clinic (General Hospital) | 7   | escorts    |
| Outside Dental Surgery           | 43  | escorts    |
| Retained Dentist visiting HMP 30 | 254 | treatments |
| Visits                           |     |            |

Total treatments on inmates 304

#### Optician

|                          |    |            |
|--------------------------|----|------------|
| Retained optician to HMP | 13 | treatments |
| 4 visits                 |    |            |
| Outside Optician         | 10 | escorts    |



I again acknowledge my appreciation of the help given by the Governor and Prison Officers at all times, and particularly Hospital Officers - Messrs. P. Bisson, C. Russell A. Bennett, A. Cowham and Mrs. J. Lowe for their considerable assistance and support throughout the year.

**DR. R.A.B. PERKINS**

*Prison Medical Officer.*

## PSYCHIATRIC REPORT FROM 1ST JANUARY - 31ST DECEMBER 1998

|  |            |
|--|------------|
| Number of sessions provided by Dr. Faiz                        | 44         |
| Adult Male patients seen for initial consultation              | 19         |
| Vulnerable Persons Unit patients seen for initial consultation | 10         |
| Female patients seen for initial consultation                  | 3          |
| Young Offenders seen for initial consultation                  | 7          |
| Follow up on adult males from 1997                             | 13         |
| Follow up on Vulnerable Persons Unit males from 1997           | 4          |
| Follow up on females from 1997                                 | 1          |
| Follow up on Young Offenders from 1997                         | 2          |
| Total  | <u>59</u>  |
| Initial consultations  | 39         |
| Number of follow up consultations                              | 148        |
| Total of consultations for the year                            | <u>187</u> |

### Dispersal of patients

|                                       |    |
|---------------------------------------|----|
| Still serving sentence at La Moye     | 24 |
| Transferred to United Kingdom Prisons | 7  |
| Normal discharge from La Moye         | 28 |
| Transfers to St. Saviours Hospital    | 3  |

**G.F. FAIZ**

*Consultant Psychiatrist.*

## ALCOHOL AND DRUG SERVICE PRISON WORK ANNUAL REPORT 1998

1998 was a year of considerable change within the Alcohol and Drug Service, most of which was driven by the need to respond to the Island's increasing opiate problem. During the year a carefully supervised and monitored community methadone programme was introduced as was an opiate abstinence programme, involving a new detoxification regime and the use of naltrexone, an opiate blocker.

The introduction of these changes, and the marked upturn in not only the number of clients with opiate problems attending the agency, but also the number of items of service offered to each client, inevitably resulted in a diminution of effort elsewhere. Some reduction of involvement of the service within the prison therefore occurred. Nevertheless, a credible effort was maintained in working with persons with drug problems in the prison. Of particular note is that over three quarters of clients seen within the prison maintained their contact with the Alcohol and Drug service on release.

However, there has been recognition that the nature of this service, which is in a sense an 'after the event' intervention, may be less desirable than the introduction of intervention following arrest, but prior to sentencing. Such type of interventions have been proven effective elsewhere in that the threat of custodial sentencing can be a major motivation to change. Thus in the period prior to sentencing, the use of a mandatory treatment order can result in the achievement of abstinence that can then be used as mitigation in the sentencing process. Such a scheme is currently proposed within the draft Drug Strategy and it is envisaged that, if this strategy is accepted by the States, then a joint appointment between the Alcohol and Drug and Probation Services will occur.

Notwithstanding any introduction of pre-sentencing interventions, it is essential that on-going liaison and some clinical intervention are available for those nearing the end of an alcohol or drug related sentence. The Alcohol and Drug Service remains committed to providing these interventions and it is considered that, where appropriate, the recent introduction of more effective community-based opiate abstinence programmes, and the experience gained in undertaking such programmes, will be translated over to the interventions carried out on an 'in custody' basis.

Finally, it has to be noted that the number of notified heroin users, and the referrals for opiate dependence to the Alcohol and Drug Service continue to increase. There is, therefore, considerable need to ensure that all the parties involved in providing services to opiate (and for that matter alcohol) dependent people continue to explore creative ways of assisting persons out of drug addiction. The overall aim of all stakeholders is quite clearly to reduce the number of drug dependent persons and thereby decrease the associated criminality.

**ELAINE JACKSON**

*Drugs Counsellor.*

## ALCOHOL AND DRUG SERVICE PRISON STATISTICS 1998

Clients seen on an individual basis - Alcohol and Drug Service Staff - Elaine Jackson and Pat Devine (Outreach worker)

|                        |           |
|------------------------|-----------|
| New Referrals for 1998 | 42        |
| Follow-on from 1997    | 10        |
| Total                  | <u>52</u> |

A total of 52 inmates were seen on an individual basis. A total of 121 individual sessions at approximately 45 minutes per session = 90 hours 45 minutes.

|  |           |
|--|-----------|
| New Male Clients 1998                  | 40        |
| Follow-on Male Clients from 1997       | 7         |
| New Female Clients in 1998             | 2         |
| Follow-on Female Clients from 1997     | 3         |
| New Segregated Clients in 1998         | 0         |
| Follow-on Segregated Clients from 1997 | 0         |
| Total                                  | <u>52</u> |

|                  |           |
|------------------|-----------|
| Drug Problems    | 31        |
| Alcohol Problems | 21        |
| Total            | <u>52</u> |

### Age distribution of clients

|                |           |
|----------------|-----------|
| Up to 20 years | 7         |
| 21 to 30 years | 18        |
| 31 to 40 years | 15        |
| 41 to 50 years | 6         |
| 51 to 60 years | 1         |
| Total          | <u>47</u> |

Of the clients seen on an individual basis and released in 1998, 77 per cent kept follow-up appointments at Gloucester Lodge.

A Groupwork programme was completed on the Young Offenders Wing in April 1998. Approximately ten hours of time was devoted to this.

## PSYCHOTHERAPIST ANNUAL REPORT 1998

In the light of experience gained in 1997, it was agreed that the Thinking Skills programme should be continued in 1998 and that as many courses as possible should be run during the year.

The year started with a Thinking Skills course being run in the main prison. The course ran from 28th January to 7th April. At the outset there were eight group members, and six members successfully completed the course.

On 29th April a Thinking Skills course was introduced in the Young Offenders Institution. The course ran until 8th July. There were ten initial group members and all ten successfully completed the course.

A third Thinking Skills course was started on 13th August in the main prison and continued until 28th October. Initially there were nine group members with seven successfully completing the course.

It can be seen therefore that during the year 23 inmates from the main prison and the Young Offenders Institution successfully completed the Thinking Skills course.

Some of the developments introduced during the year were the introduction of an additional tutor, Mr. David Mullin. His role was to increase the availability of tutors to run the course and to assist in the planning and organisation of the courses. He achieved both of these objectives.

The course which ran in the Young Offenders Institution was used as a pilot scheme to introduce tutor allocation on a rota basis throughout the course. This was thought to be a good idea as it would lessen the demands on any one individual, increasing flexibility in planning. In hindsight this idea was seen as not being supportive of good group work practice. It

interrupted the continuity of the programme and proved to be unsatisfactory for both tutors and group members.

Given that it was considered desirable to expand the Thinking Skills programme, and taking into account the experience gained in the Young Offenders Institution, it was agreed to seek some additional tutors. With the assistance of Dr. Linda Blud, Director of the Cognitive Skills Programme based at the Home Office, six additional tutors were selected and trained in December. This will assist in the planning and running of an active and full programme of Thinking Skills courses at La Moye in the coming year.

**PETER GLEESON**

*Psychotherapist and Director Group Therapy.*



## PHYSICAL EDUCATION REPORT - 1998

### Staff

|                |  |
|----------------|--|
| Mr. Mitchell   | Physical Education Instructor                            |
| Mr. Coram      | B.A.W.L.A. Coach/Community Sports Leader                 |
| Mr. Rowlandson | Insitu Sports and Games Course                           |
| Mr. Gillies    | N.A.B.B.A. Weight Lifting Coach, Community Sports Leader |
| Mr. Hinks      | Qualified Sports Massage Therapist                       |
| Mr Hinks       | Insitu. Sports and Games Course                          |
| Mr. Milton     | Insitu. Sports and Games Course                          |

As the majority of activities take place both for senior and junior inmates during evenings or at weekends, it is important these sessions are covered when possible by P.E. qualified staff. There are several staff who do cover P.E. sessions when regular staff are not available and I would like to thank them for their input throughout the year - Officers Williams, Langford, Querée and Townsend.

The department welcomes Officers Milton and Barnett to the team, their added experience and enthusiasm can only be of benefit. Mr. Gillies left the prison service during the year.

The Young Offenders Institution have three previous P.E. Department members of staff in their complement of seven staff, an excellent ratio. These are Officers Brown, Keenan and Aubert, who have and will continue to offer a full and varied programme at the Young Offenders Institution. My thanks to them for their assistance throughout the year.

### Activities

#### Convicted/Remands

|             |   |
|-------------|---|
| Weight room | Two afternoon sessions (internal workers)<br>Two evening sessions (outdoor workers) |
| Football    | Saturdays<br>Sundays<br>Thursday afternoon/evening                                  |
| Volleyball  | Tuesday afternoon/evening session to substitute weights                             |
| Aerobics    | Sessions with Mr. Mitchell and Mr. Gillies  |
| Yoga        | On a weekly basis with an outside tutor   |

Young Offenders Institution - Please see YOI routine (enclosed)

Females - Have full use of the Y.O.I. gymnasium for one hour daily

Vulnerable Persons Unit - Limited weight training facility  
Use of Y.O.I. yard when available

Staff (own time) Have use of all Prison facilities during break periods.

A restricted membership has been negotiated by the P.E. Department with the management of the Lido Fitness centre and Physique 2000 gymnasium for all staff that are interested.

### Y.O.I. Sports Programme

|        |         |           |          |        |          |        |
|--------|---------|-----------|----------|--------|----------|--------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|

|           |             |                  |           |             |                    |          |
|-----------|-------------|------------------|-----------|-------------|--------------------|----------|
| Football  | Weights     | Volleyball       | Weights   | Football    | Compulsory Session | Weights  |
| Badminton | Minor Games | or<br>Basketball | Badminton | Minor Games | Optional Sport     | Football |

## **FACILITIES**

- 1 Floodlit Outdoor Exercise Yard marked for Volleyball and Football (tarmac surface)
- 1 Weights Room (equipped with Multi-gym, free standing weights, two computer bikes and a climbing machine)
- 1 Indoor Gym (YOI) (Badminton, Short Basketball, Short Volleyball, Pin Football, Circuits, Vaulting)
- 1 Outdoor Yard (YOI) (Mini Football, Volleyball, Badminton, Tennis Court and Running Track)
- 1 Grass sports field primarily for the use of Football and Volleyball sessions (in need of attention)

**PHYSICAL EDUCATION REPORT  
1998**

**Monthly and daily totals for the year to 31st December 1998, involving all areas of the establishment:  
CON/RX/Y.O.I./V.P.U./ FEMALES**

**Due to inclement weather many sports sessions were lost on the CON/RX's, but were compensated by weight sessions, resulting in some of the individuals taking part but those with no interest in weights having no activity. To try and address this problem one rowing machine and two new computer bikes have been acquired to add some variation in the weights room.**

## **Future aims**

- To provide a sports facility that will accommodate the requirements of an establishment that has dramatically changed from one of short-term to long-term in a very short time span.
- To repair the grass football pitch that was unfortunately damaged when being utilised for repainting fence panels by contractor.
- To replace some of the cardiovascular fitness equipment (bikes, rower etc) in the weights room to deal with present and future demands.
- To resurface the floodlit exercise yard. This facility proves popular as ever but we are still at the mercy of the weather with the existing surface. Officers Coram and Hinks have made extensive enquiries regarding a resurfacing programme. Mr. Bourke - Engineer, has been involved from the beginning of these enquiries.
- To maintain and upgrade staff qualifications, especially in the areas of health and safety and litigation.
- To improve the P.E. programme for the Vulnerable Persons Unit utilising the sports yard at the Young Offenders Institution and improving the weights facility.
- To encourage females to use the Young Offenders Institution gym during the morning periods (volleyball, badminton).
- When an appropriate surface is available, to invite outside football, volleyball and other sporting agencies to compete against prison sides, both inmate and staff alike.
- To try and utilise the floodlit yard for outside circuit training.
- To introduce new activities such as touch rugby and aerobics.
- To invite specialists in to the establishment for health and fitness lectures.

## **Summary**

1998 again proved another restrictive but busy year: weights, football, volleyball and yoga were on offer to all inmates. The general feeling amongst inmates was again that of stagnation, the Prison population being even more static than in previous years. The sentencing policy for drug offenders has continued to contribute enormously to the high population, and again I feel the facilities must improve to address this.

Facilities are still our number one concern. The weights room caters for a maximum of ten inmates and on a regular basis still has people waiting to use it.

We have again lost many days on the tarmac floodlit yard due to weather conditions. The necessity to resurface the yard has been documented for the past few years. See future aims.

The weights room has vastly improved this year with the donation of a £10,000 multi-gym, the new bikes and rower have assisted in variation, and it is in these areas we will have to continue to develop throughout 1999.

The weights equipment is pretty well taken care of. The cardiovascular fitness equipment requires further additions. Space is at an absolute premium in the gym, we feel that it could quite easily be enhanced with the removal of an unused recess area.

It is evident to the P.E. Department that the lack of facilities is severely hampering the effectiveness of getting a wider band of individuals involved in P.E. We have a hard-core of footballers and weight trainers but we lack variation and consistency at crucial times. We feel that the necessity to provide a release for the frustrated, energetic and angry inmate within, is paramount to assist the smooth running of the establishment.

1999 we feel has got to be the year to take on the resurfacing project as already documented: many problems have been resolved with the engineers department, and a full package will be submitted in the very near future.

**E.D. MITCHELL**

*Physical Education Instructor.*

**YOUNG OFFENDERS INSTITUTION  
EDUCATION REPORT 1998**

I submit this report with reference to the education on the Young Offenders Unit during 1998. The Young Offenders Institution only had one in-house staff tutor during the year but utilized trained staff from other units and outside specialists.

Through operational duties, staffing levels and the introduction of an induction wing within the unit, education suffered slightly. However a considerable amount of inmates benefited from the education package and enjoyed a variety of subjects as follows -

| <b>NUMBER OF INMATES</b> | <b>SUBJECT</b>     |
|--------------------------|--------------------|
| 10                       | Life skills        |
| 8                        | Thinking skills    |
| 2                        | English            |
| 4                        | Computer skills    |
| 16                       | Drug awareness     |
| 15                       | Health and hygiene |
| 20                       | Weights and safety |

On the whole 1998 was a successful year for education and the unit will endeavour to provide an extensive education programme for its clients in the coming year.

**OFFICER P. BRADBURY**

*Young Offenders Institute.*



## **VULNERABLE PERSONS UNIT REPORT 1998**

The Vulnerable Persons Unit is by necessity separate from the main prison. The accommodation is inadequate as several categories of Vulnerable Persons are housed together contrary to Prison policy.

This overcrowding is inclined to lead to increased tension, and in order to reduce this threat an effective work programme is necessary, though difficult to achieve. During 1998 various projects have been successfully undertaken, including -

- vegetable preparation for various outlets;
- manufacture of wooden picnic benches and planters for catering establishments;
- preparation of seed trays for use in the compound;
- recycling of pallet boards.

In recognition of the Prison policy regarding employment, the Prison Industry Officer will in 1999 be addressing the wing work requirements and examining alternative industries.

Ongoing rehabilitative tuition is regarded as vital and is in demand: it is planned to introduce Enhanced Thinking Skills early in the year as a forerunner to specialised courses.

**UNIT MANAGER D. THOMPSON**

*Vulnerable Persons Unit.*

## **ATTENDANCE CENTRE**

1998 saw the introduction of a Life Skills package in which the modules Communications, Relationships and Use of Spare Time were covered. Group participation was good and the package was well received by all participants.

To combine learning with positive use of spare time, 1999 will see the introduction of a Jersey Heritage project in conjunction with the Jersey Museum Service, which will include site visits to places of interest. The Attendance Centre is proving its worth as a constructive alternative to Prison by encouraging self-discipline without the restrictions which a custodial sentence would impose.

During 1998, eight young men of ages between 14 and 18 years completed the Attendance Centre orders given them by the Court. A total of 182 hours were awarded of varying lengths between 12 and 30 hours.

**OFFICER D. MULLIN**

*Attendance Centre.*

## **PRISON CHAPLAIN'S REPORT 1998**

I am happy to provide this report on the activities and work of the Chaplaincy Team during 1998.

1. Chaplaincy Team.
2. Chaplaincy role and activity in La Moye.
3. Extended work in the community.
4. Special family visits at Communicare.
5. Mummy's Playhouse.
6. Senior citizens' Christmas dinner.

### **Chaplaincy Team**

Captain John Le Page M.B.E. (Official Chaplain)  
Fr. Brian Cousins (R.C. Chaplain)  
Rev. Derek Poole (Methodist Chaplain)  
Mrs. Deborah Godefroy (Methodist Minister in Training)  
Mr. David Evans (St Paul's Church Centre)  
Mrs. Chris Hansford (St Brelade Parish Church)

### **Chaplaincy Team Personnel**

Captain John Le Page, Fr. Brian Cousins and Mrs. Deborah Godefroy cover all the departments. Mr. David Evans visits in the vulnerable wing and Mrs. Hansford visits in the female wing. We are most fortunate that all members of the chaplaincy team carry out their duties with diligence, confidence and a deep respect for the governor, his staff and inmates.

Fr. Brian Cousins in his usual custom has done exemplary work throughout the prison and in the community and is respected by both staff and inmates. He also writes references for the inmates, arranges outside work projects, visits prison families and agitates for better conditions at La Moye.

He works tirelessly each week in bringing hope and spiritual comfort to all he comes into contact with and is an inspiration to us all.

Mr. David Evans is a new member of our team this year and visits in the vulnerable persons wing only. We are fortunate in having him on our team, his initial work has proved to be having a tremendous positive effect on those who he meets each week.

Mrs. Chris Hansford visits in the female wing. She has excellent communication skills and is very perceptive in her understanding of the inmates' problems and exudes confidence and a sense of well-being to both staff and inmates.

Rev. Derek Poole and Mrs. Deborah Godefroy are responsible for the alternate Sunday Services which now take place in the computer room. The services have now taken on a new dimension and take the form of worship and Bible discussion.

Captain John Le Page visits throughout the prison and also takes alternate Sunday Worship services. He also provides a link between families of prisoners who live on the Mainland and communicates when necessary with the Children's Department, the probation service and with Mainland prisons where local prisoners are confined.

He also arranges and assists with one-to-one visits and with many of the complex problems faced by both prisoners and their families in the community.

### **Extended work in the Community**

This has become an integral part of the Chaplaincy Team's work, and has been of tremendous help, particularly to those on release from prison.

Mrs. Chris Hansford helps prisoners from the female wing who are preparing for release, to obtain furniture, carpets and

other essential items for those moving into flats etc.

She also makes frequent visits to them on their release, and makes periodic telephone calls to ensure that they are progressing satisfactorily during the first few months when they can feel most vulnerable.

This behind-the-scenes concern and interest is most welcome by those who have been released and I am sure has contributed to ex-prisoners keeping out of further trouble because there is somebody who gives ongoing care and support.

### **Special family visits at Communicare**

During the year Communicare has been used by La Moye, and at times with staff from the Children's Department. These special visits outside of the confinement of La Moye has been to enable fathers to meet their children.

This activity has taken place mainly under the supervision of the Children's Department, especially where there are marital problems and observation has been necessary.

### **Mummy's Playhouse**

During the early part of this year, the mothers with young children came to Communicare on a specified number of Sunday mornings. This was a most helpful time for both mothers and children who were also able to meet in the centre's children's park away from an institutional environment. This enabled them to develop parenting and communication skills with their children, which can be damaged through the mothers' confinement.

Officer Mrs. Carol Hindson and Mrs. Chris Hansford from Communicare and the staff of the Children's Department have been responsible for this invaluable and worthwhile activity.

### **Senior Citizens' Christmas Dinner (Communicare)**

One of the highlights in our Day Care's annual diary is when La Moye kitchen staff come to Communicare and prepare, cook and help with the Centre's Christmas Dinner.

This welcome annual event is very much appreciated by our Day Care members. Normally they would be having a cook-chill meal from the General Hospital.

**In conclusion**

As can be seen from the above, our chaplaincy team provide much spiritual support, practical help, comfort and assistance to La Moye Prison and prison families throughout the year, which represents hundreds of hours, most of which is done quietly behind the scenes.

Our team is most fortunate in having the confidence, encouragement and assistance of Mr. Wheeler and his staff, who are always willing to assist us in our duties while at La Moye.

We have noted their interest and concern for the wellbeing of the inmates and the way that they have the best interests of the inmates at heart while performing their duties, even though they are working in a far from ideally facilitated institution.

**CAPTAIN JOHN H. LE PAGE, C.A. MBE**

*Prison Chaplain.*